

Children's Flu Programme 2020

Dear Parent/ Guardian,

This year it is more important than ever that we help to protect your child and the wider community from flu. The Living Well Partnership want to protect children as soon as possible and have secured early supplies of the nasal flu vaccine with appointments available all day on **Thursday 10th and Friday 11th September.**

How to book

Please call the surgery Monday- Friday **after 10am to book.**

Arriving for your appointment

Adults and the over 12's are politely asked to wear a face covering when visiting the surgery, this is in line with government guidance. Please do not arrive more than 5 minutes before your booked slot, this is to help manage numbers and adhere to social distancing guidelines.

When you arrive

On arrival a receptionist will ask if you or your child are experiencing any symptoms of Covid-19, they will also check your temperature using a contact free forehead thermometer. You will then be seated in the waiting room until the nurse calls you. We ask that where possible you avoid moving around the waiting room and follow the principles of social distancing.

The vaccine

The children's flu vaccine is a nasal spray, it will be administered by a qualified nurse who has successfully completed thorough child immunisation training.

For more information on the vaccine and aftercare please visit the NHS website at <https://www.nhs.uk/conditions/vaccinations/child-flu-vaccine/>

After your appointment

Please leave the surgery in a timely manner to help us keep to social distancing guidelines.

The nasal spray flu vaccine is very safe and has few side effects, full details of side effects can be found on the NHS website linked above. If you have any questions please ask your nurse or if questions arise after you have left please consult the NHS website or submit an e-consult via the surgery website.